

COACHING

LESSON 1: DESCRIBE EFFECTIVE COACHING		1hr
LESSON 2: IDENTIFY THE ROLE AND IMPACT OF A COACH		2hr 35min
LESSON 3: SETTING GOALS AND CREATING ACTION PLANS		1hr 35min
LESSON 4: KEY ELEMENTS OF EFFECTIVE COMMUNICATION		2hr 30min
LESSON 5: APPLY OBSERVATION SKILLS AND PROVIDE FEEDBACK		1hr 30min
LESSON 6: PRACTICING EFFECTIVE COMMUNICATION		2hr
LESSON 7: PRACTICING EFFECTIVE OBSERVATION SKILLS AND PROVIDING CONTRUCTIVE FEEDBACK		1hr
LESSON 8: BUILDING TRUST		55min
LESSON 9: SETTING GOALS AND CREATING ACTION PLANS		1hr 20min
		14hr